

Premier Health

Ohio First Steps for Healthy Babies



**FIRST
STEPS**
for healthy babies

A breastfeeding initiative by the
OHIO HOSPITAL ASSOCIATION and
the **OHIO DEPARTMENT OF HEALTH**

Presenters:

From Miami Valley Hospital and Miami Valley Hospital South

- Anne Brower RN, BS, IBCLC
- Maria Greene RN, BSN, CPE, IBCLC



From Upper Valley Medical Center and Good Samaritan Hospital

- Mary Shay RN, MSN, IBCLC



Goal: Breastfeeding Improvement

Premier Health includes 5 Hospitals throughout South West Ohio

- Atrium Medical Center
- Good Samaritan Hospital-Dayton
- Miami Valley Hospital
- Miami Valley Hospital South
- Upper Valley Medical Center



Leadership Support

The directive for working toward Ohio First Steps came from:

- PH System Administration
- Women's Health Institute (Physician-led).



Director Lead Collaboration:

- Lactation consultants and educators from each facility came together under the direction of an OB Director to formulate a plan.
- A gap analysis was completed to determine what steps we had and which ones we needed to work on.

A Kick-Off Celebration occurred at all five facilities.

- The 10 steps were explained to staff as they enjoyed refreshments.
- Staff buy-in established.



The nurses were enthusiastic!



Step One: A System Wide Policy Developed

- The Lactation Workgroup met for several months developing a system wide policy on infant feeding.

Step 2: Education

- The Lactation Workgroup developed 12 hour classes for all OB Staff part of the 20 hour requirement.
- The classes were taught by the Lactation Consultants from the five hospitals with 20-55 in attendance. A total of 24 classes over a 6 months period!
- This education took 6 months for all staff to complete.

Benefits

- Relationship building between staff and the Lactation Consultants was an added benefit of the live classes.
- Approximately 500 nurses participated in the classes over a 6 month period.
- New employees are scheduled into the quarterly classes as we strive to continuously educate all our staff.

Support for the Mandatory Education

- PH Leadership was committed to the education, budgeting and replacing staff on the units to ensure everyone could attend.

Education for NICU nurses

- Special classes for NICU nurses included content that was appropriate for preterm and compromised infants.



Education for Physicians and Providers

Massachusetts Medical Society offered free, three hours of computer based classes with CME for physicians and providers.

Education Continues

To reach the required 20 hours of education the LC Workgroup chose to reinforce the most important concepts with:

- Unit to unit “road shows” with posters and skill check off validation
- Computer Based Learning/Online Healthstream modules
- Skills Labs and hands on learning opportunities
- Shadowing opportunities on the units with Lactation Consultants

Education for Ancillary Staff

Ancillary Staff in many departments of our hospitals were assigned online learning modules to help increase breastfeeding education and support of the breastfeeding dyad. Among the various departments included:

- Emergency Room Staff
- Respiratory Therapists
- Infant photographers
- Hearing Screeners
- Nutrition Services Staff
- Phlebotomists, Registration Staff and more

Results

Supporting lactation has always been the goal at Premier Health.

The mandatory education in 2016 proved to be successful to increase our exclusive breastfeeding rates.

Core PC-5 - Exclusive Breast Milk Feeding

All PH Facilities

2014 52%

2015 47%

2016 60%

All Five Premier Health Facilities have been recognized!



Atrium Medical Center



Good Samaritan Hospital-Dayton

Miami Valley Hospital

Miami Valley Hospital South

Upper Valley Medical Center

* All five Premier Health Facilities have been recognized for the Bag Free Award.

Atrium Medical Center Middletown, Ohio



Miami Valley Hospital South Centerville, Ohio



Celebrating and Thanking our team!



Recognition and a site visit to all of our facilities from OHA

Miami Valley Hospital

Dayton, Ohio



Upper Valley Medical Center Troy, Ohio



Angela Violet, Nurse Manager, Terry Fry, CNO, Bre Haviland, OHA, Ryan Everett, OHA, Lori Scalise, PH Women's Service Line Vice President and Dr. Buddhadev, Obstetrician

Next Steps:

Prenatal education

- › Working with the providers in clinics and offices
- › Developing EPIC documentation

Delayed Bathing

Our goal is to have all PH facilities recognized with five stars (10 steps) by 2018.

Questions?

Thank you for your time.

