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# champion Dad for I will be a











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STEPS Abreastfeeding initiative by the OHIO HOSPITAL ASSOCIATION and the OHIO DEPARTMENT OF HEALTH

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# champion Dad for I will be a

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Boy / Girl







earching for nipple) and will bring baby

to Mom for a breastfeeding.

my baby is hungry (restless sucking,

am learning the early signs that

will handle household chores, change our baby's diapers and help with visitors

at the door so she can rest.

comfort when she is nursing. ill bring her water, pillows, and

III hold, cuddle, bathe and walk

my baby to develop a bond.

### Champion at my Breastfeeding baby's birth

will be a champion for my child's mother and for breastfeeding.

will protect her milk and milk supply.

"my baby needs this breastmilk." friends tell her not to breastfeed will support her if family and

left out and will hold my baby will reassure her I am not and she wants privacy. if it is time for her to breastfeed

Ill help with visitors at the door

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and she wants privacy.

Champion at my

baby's birth

Breastfeeding

will be a champion for my child's mother and for breastfeeding.

and milk supply.

I will protect her milk

I will support her if family and friends tell her not to breastfeed "my baby needs this breastmilk."

if it is time for her to breastfeed **will** help with visitors at the door and she wants privacy.

left out and will hold my baby will reassure her I am not

### my baby is born Champion after Breastfeeding

and for breastfeeding—we are partners am a champion for my child's mothe

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am a champion for my child's mother

my baby is born Champion after

Breastfeeding

my baby is hungry (restless sucking, earching for nipple) and will bring baby am learning the early signs that to Mom for a breastfeeding.

will handle household chores, change our baby's diapers and help with visitors at the door so she can rest. will bring her water, pillows, and

comfort when she is nursing.

will hold, cuddle, bathe and walk

my baby to develop a bond.

"Thank you for breastfeeding our baby!"

will support, encourage and praise Mom— "Thank you for breastfeeding our baby!"

### my baby is born Champion after Breastfeeding

and for breastfeeding—we are partners am a champion for my child's mother

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# Breastfeeding

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will bring her water, pillows, and comfort when she is nursing.

ill hold, cuddle, bathe and walk my baby to develop a bond.

"Thank you for breastfeeding our baby!"

## my baby is born Champion after