

Knox Community

HOSPITAL

Inpatient Sepsis Process Improvement

Inpatient sepsis mortality was significantly higher than industry targets for all of 2022. Our goal was identified to reduce sepsis mortality to <15% by focusing on controllable factors.



Inpatient Sepsis Process Improvement

BACKGROUND AND PURPOSE

We noticed that inpatient sepsis mortality was significantly higher than industry targets for all of 2022.

- Early diagnosis and treatment, along with utilization of screening tools such as SIRS (Systemic Inflammatory Response System) and Organ Failure Assessment, has shown to improve outcomes and decrease overall mortality and length of stay for patients.
- Best practices and bundles are available from Joint Commission, Ohio Hospital Association, and commercial payer sources.

The Goal was identified to reduce Sepsis mortality to <15% by focusing on controllable factors.

PLANNING TEAM

- In 2022, a performance team convened to complete an A3 (Lean Process Improvement Tool) to address the gap in the quality of care.
- Collaborative work began with other departments, including several different medical specialties, to standardize and sustain inpatient sepsis improvement processes, including:
 - Improvement of key quality indicators incidence, mortality, readmissions, length of stay, core measures, and order set utilization.

ANALYSIS

- Utilized a gap analysis tool to demonstrate our greatest's opportunities for improvement from the current state to best practice and a management action plan (MAP) to complete interventions.
- Literature research conducted relevant to sepsis within the last five years identified interventions needed to achieve current best practice.

INTERVENTIONS

- Worked with Clinical Information Systems to update hospital-wide sepsis screening tool within our EMR utilizing the SIRS and Organ Failure Assessment. (Figure A)
- Created a standardized sepsis checklist as a guideline for bundle compliance and as a handoff for oncoming frontline staff.
- Added sepsis screening tool/checklist to Rapid Response forms to improve compliance with 60 min bundle.
- Set sepsis screening standards for documentation as daily, change in condition, and transfer
- Updated order sets to reflect current best practices with cardiology collaboration for septic shock patients.
- Created an educational visual sepsis pathway for ED and all inpatient units. (Figure B)
- Yearly and Hospital-wide education for nurses and physicians and new staff



Urine out-put < 0.5 mL/kg/hour for 2 hours

Bilirubin > 2mhVL Platelet count <100,000

aPTT > 60 seconds

Lactate > 2 mmVL (18.0 mg/gL) Altered level of consciousness

INR > 1.5

If at any time patient has suspected infection and 2 or If at any time patient has suspected infection and 2 or more SIRS criteria AND organ dysfunction more SIRS criteria and No Organ Dysfunction: STOP Notify the Provider for severe sepsis CPOE order set Notify the Provider of suspicion of sepsis, and continue to monitor symptoms. Signs/symptoms of Organ Dysfunction Begin severe sepsis Checklist (NS-6248) used for handoff communication, not part of patient medical record **Clinical Suspicion of Infection** Rapid Response Called Yes ¬ Yes No □No PT already being treated for severe sepsis/shock Other (right click to explain) **Rapid Response Notified Date/Time** Two or more Systemic Inflammatory Response Syndrome (SIRS) criteria 00/00/0000 00:00 Temperature greater than 38.3 or less than 36 degrees Celsius (>100.9F or <96.8F) ☐ Pulse greater than 90 bpm Respiratory rate more than 20 per minute ☐ WBC count greater than 12,000 or less than 4,000 or 10% bands Organ dysfunction, evidenced by any one of the following (not related to any chronic conditions or medication and values that are different from baseline) SBP < 90 mmHg MAP < 65 mmHG • Acute respiratory failure as evidence by new need invasive ventilation Acute respiratory failure as evidence by new need for non-invasive mechanical ventilation • Creatinine >2.0

Figure B

Emergency Department Patient Meets

SEVERE SEPSIS/SHOCK CRITERIA

using EMR or downtime form Sepsis

Screening tool (NS-624A)

SEPSIS ALERT CALLED

ED Nurse Starts Checklist (NS-624B, not part of the patients chart) Orders placed in CPOE

DOCUMENTATION

Time Zero | Start of Severe Sepsis/Shock

REPORT TO FLOOR

Checklist NEEDS to remain with patient in HANDOFF

Inpatient

Meets SEVERE SEPSIS/SHOCK criteria through **Sepsis Screening** tool (NS-624A) in EMR or downtime form during your daily assessment or change in condition

Call Attending Physician or Rapid Response Team

RR Team Starts Sepsis Screening & Checklist

(located in RR folder or printed off (SR NS-624B) not part of the patient's chart) or The floor nurse starts the *checklist*Orders placed in CPOE

DOCUMENTATION

of Time Zero | Start of Severe Sepsis/Shock

REPORT TO NURSE

resuming care of patient if being transferred to another unit.

The checklist remains with patient.
GIVE TO DIRECTOR OR
COORDINATOR WHEN COMPLETED

Hospital-Wide Goal

Decreased Length of Stay AND Mortality Among Sepsis Patients

Monitoring and Figure C

MONITORING TEAM

- Process improvement form created for data collection and adherence to best practices.
- Report data findings routinely to review for compliance and process improvements in patient safety.

Severe Sepsis/Shock Process Improvement



Patient Visit ID **Admission Date** Location of Admission Hospice or Palliative care on Admission? Did the patent present with sepsis? Date sepsis was identified Sepsis screen positive date and time Organism cultured

3-hour bundle - highlighted items key N	IQF process measures
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- 1. Sepsis screen completed on change of condition/triage/admission?
- 2. Serial sepsis screen completed on the patient admitted with infection?
- 3. Serum lactate completed?
- 4. Blood culture prior to antibiotic administration?
- 5. Broad spectrum antibiotic administered within 3 hours?
- 6. Patient systolic blood pressure higher than 90mmHG?
- 7. Delivered an initial amount of 30mL/kg IVF as fast as possible?
- 8. If so, did MAP increase > 65mmHG after fluid resuscitation?

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- 9. Was a vasopressor used for hypotension to maintain MAP > 65mmHG?
- 10. Central line inserted?
- 11. ECHO ordered?
- 12
- 13

RCA Factors

- 14. Was equipment availability a factor?
- 15. Was staff training a factor?
- 16. Was the correct laboratory testing available?
- 17. Were antibiotics available at the proper time?
- 18. Was there a delay in diagnosis?
- 19. Was communication a factor?
- 20. Was the Rapid Response Team Called?

Yes/No
No
No
Yes
No
Yes
Yes
Yes
Yes

Yes/No

Yes

Yes

No

Yes

Yes

Patient 1

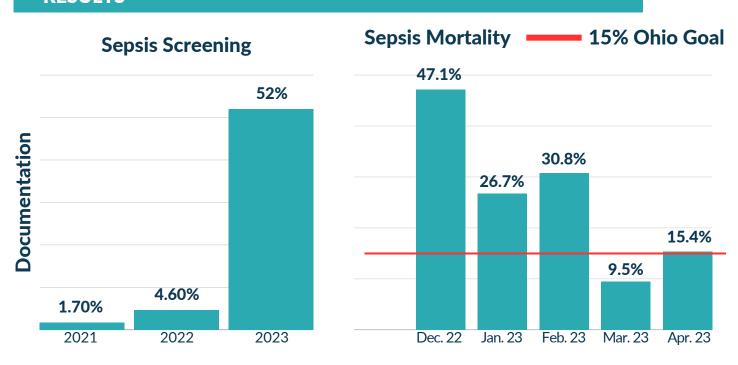
Yes/No
No
Yes
Yes
Yes
No
No
No

Lessons Learned and Future Implications

LESSONS LEARNED AND FUTURE IMPLICATIONS

- Feedback to clinical staff individually and via group settings to celebrate success and troubleshoot barriers post-implementation has demonstrated improved screening compliance and provider notification.
- To maintain results at a target of 15% or less of Ohio's goal for sepsis mortality.
- To achieve a target of 100% of patients admitted and screened daily for sepsis.
- Continue to monitor and collect data and adhere to best practices for all inpatient Sepsis by reporting monthly to Hospital Medicine Meeting.

RESULTS



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Knox Community Hospital is a community-owned, 99-bed, not-for-profit hospital located in Mount Vernon, Ohio (approximately 40 miles north east of Columbus). Knox Community Hospital is accredited by The Joint Commission.

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