



A breastfeeding initiative by the
OHIO HOSPITAL ASSOCIATION and
the **OHIO DEPARTMENT OF HEALTH**

Ohio First Steps – Father/Partner Resource Guide

[Resources for Fathers/Partners](#) - Tips to include fathers/partners in all 10 Steps.

[Encouraging Breastfeeding on Demand \(Step 8\)](#) - FAQs & tips for fathers/partners.

Ohio First Steps – Fatherhood/Partner Wallet Cards – [Version 1](#) & [Version 2](#)

First Steps Webcast – [YouTube Link](#)

Featuring Steve Killpack, Executive Director of the Healthy Fathering Collaborative, and Sandi Hoch, Childbirth Educator from MetroHealth Medical Center.



**I will be a
champion Dad**



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[Ohio Practitioners' Network for Fathers and Families \(OPNFF\)](#)

[Breast for Success – University Hospitals](#)

[Dads2B – Urban Family Development Center](#)

[Reaching our Brothers Everywhere \(ROBE\)](#)

[Breastfeeding NC – North Carolina Division of Public Health](#)

[Engaging Men & Dads at WIC – A toolkit](#)

[WIC – Dad's Toolkit to Support Breastfeeding](#)

[Breastfeeding Support – Dad Posters](#)

[WIC Dads – List of Resources](#)

[How Dads Can Support Their Breastfeeding Partner – WIC Breastfeeding Support](#)

[Postpartum Mental Health for Men – Postpartum Support International](#)

[Toolkit for Grieving Fathers –National Healthy Start Association](#)

[Los Angeles Best Baby Network – Recorded Webinar: Engaging Fathers in Maternal & Infant Health Programs: Importance, Challenges, and Strategies](#) with Professor Amina Alio, University of Rochester. (first 50 minutes are presentation and last 30 minutes are Q&A)

[Boot Camp for New Dads](#) – (there is a fee associated with this program)

[Find Boot Camp Near You – Ohio](#)

[Dad's Adventure](#)