

Improving Practices Supportive of Breastfeeding in Ohio Hospitals

Department of Health

RECOGNIZED HOSPITALS (DEC. 2018)

This list can also be found at ohiohospitals.org/firststepshospitals.

Over 98% of maternity hospitals in Ohio are engaged in the First Steps program. Since program launch, over half of the hospitals involved have advanced in steps achieved.



Aultman Orrville Hospital Cleveland Clinic Akron General* Cleveland Clinic Fairview Hospital Cleveland Clinic Hillcrest Hospital' Mercy Health Fairfield Hospita Mercy Health—West Hospital Miami Valley Hospital—Premier Health Miami Valley Hospital South—Premier H Mount Carmel East

Mount Carmel St. Ann's OhioHealth Doctors Hospital* OhioHealth O'Bleness Hospital* Southview Medical Center—Kettering Health Summa Akron City Hospital*
University Hospitals Elyria Medical Center* University Hospitals MacDonald Women's Hospital* University of Cincinnati Medical Center*

Upper Valley Medical Center—Premier Health



Adena Regional Medical Center The Christ Hospital Medical Center-**Liberty Campus** Firelands Regional Medical Center Galion Community Hospital Holzer Medical Center Kettering Medical Center Lima Memorial Hospital

OhioHealth Riverside Methodist Hospital ProMedica Defiance Regional Hospital Soin Medical Center University Hospitals Portage Medical Center University Hospitals St. John Medical Center West Chester Medical Center—UC Health



Berger Health System The Christ Hospital—Mt. Auburn Birthing Center Clinton Memorial Hospital Community Hospitals & Wellness Center Bryan Hospital Fulton County Health Center Lake Health TriPoint Medical Cente Lake Health West Medical Center Memorial Health Mercy Medical Center Mercy Regional Medical Center Mercy Health St. Charles Hospital

OhioHealth Grady Memorial Hospita OhioHealth Grant Medical Center OhioHealth Mansfield Hospital OhioHealth Marion General Hospital ProMedica Bay Park Hospital ProMedica Flower Hospital ProMedica Memorial Hospital ProMedica Toledo Hospital Southwest General Health Center St. Elizabeth Boardman Hospital St. Rita's Medical Center Wilson Health Wooster Community Hospital



Mercy Tiffin Hospital

Fairfield Medical Center Joint Township District Memorial Hospit **Knox Community Hospital** MetroHealth Medical Center Mercer Health Pomerene Hospital

St. Joseph Warren Hospital Summa Barberton Hospital University Hospitals Geauga Medical Center Wood County Hospital Wright-Patterson Medical Center



Ashtabula County Medical Center Aultman Hospital Blanchard Valley Health System Henry County Hospital Mary Rutan Hospital

Southeastern Regional Medical Center University Hospitals Parma Medical Center Wayne HealthCare

Launched in 2015,

Ohio First Steps for Health Babies is led jointly by the Ohio Hospital Association and the Ohio Department of Health. The program recognizes maternity centers in Ohio that have taken steps to promote, protect and support breastfeeding in their organizations. First Steps offers many opportunities for learning and networking to support the Ten Steps to Successful Breastfeeding, as defined by the World

Health Organization and Baby-Friendly USA. The Ohio First Steps for Healthy Babies program recognizes hospitals for implementing the Ten Steps, using a modified application form. A five-star program, First Steps awards a star for every two steps achieved.

Since the program has been implemented, dozens of original educational resources have been created, with thousands of copies being distributed across the state.

Free trainings across the state have reached have reached hundreds of hospital staff, accounting for nearly all maternity hospitals in Ohio. Currently, 98% of maternity hospitals are engaged in the First Steps program, and outreach is taking place to reach the remaining few facilities. Preliminary data analyses appear to indicate that the First Steps program is having an impact in improving breastfeeding rates in Ohio hospitals.

HIGHLIGHTS

Created educational materials on benefits of breastfeeding and the 10 steps. Distributed thousands of free copies of materials across the state.





Created the Maternity Care Best Practice recognition for hospitals that did not provide free formula to new mothers in partnership with the Ohio Lactation Consultants Association and Ohio Breastfeeding Alliance.

In its third year, this recognized 73 hospitals for their best practices. An increase of 40% from year one.

Awarded 2018 Best Abstract Award in Education, Quality Improvement, or Advocacy

by the American Academy of Pediatrics Section on Breastfeeding. Abstract titled "Ohio First Steps for Healthy Babies—impact of a state-based program to promote best breastfeeding practices for birthing hospitals", submitted by lead author Lydia Furman, MD.

Maintains a Resource Guide that lives on the OHA and ODH

webpages, hosting various resources for hospital staff on breastfeeding and working towards Baby Friendly designation.

Resource Guide Links and tools to support the First Steps for Healthy Babies initiative and your hospital's breastfeeding journey. OHIO HOSPITAL ASSOCIATION



Hosted seven free

educational webinars on topics including: Data Collection, Disparities, Fatherhood/Partner Engagement, Step 3, and other best

Hosted free Kangaroo Care trainings across the state of Ohio through ODH. In addition, hosted 19 free train-the-trainer sessions across Ohio in support of Step 2, staff education and skills labs.

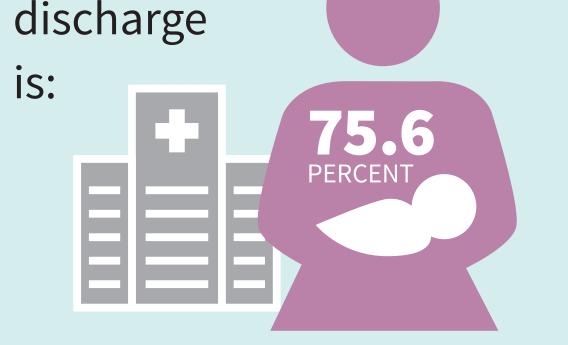
practices

In 2018, in support of the Step 2 focus on staff education, ODH launched 15 online modules on behalf of First Steps. Hospital staff can complete these at their own pace and receive continuing education, all at no cost.

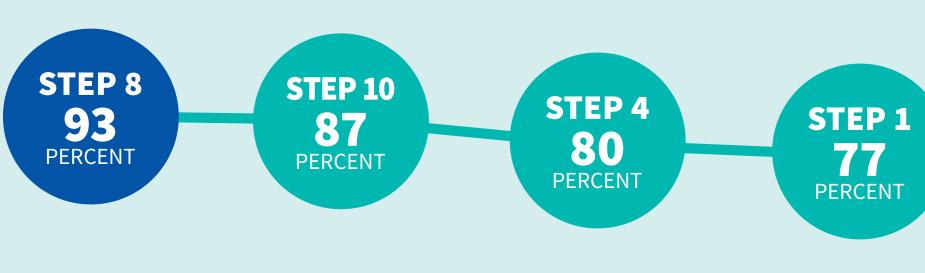
RESULTS

OHIO DEPT. OF HEALTH

Our 2017 Vital Statistics exclusive breastfeeding rate at hospital discharge



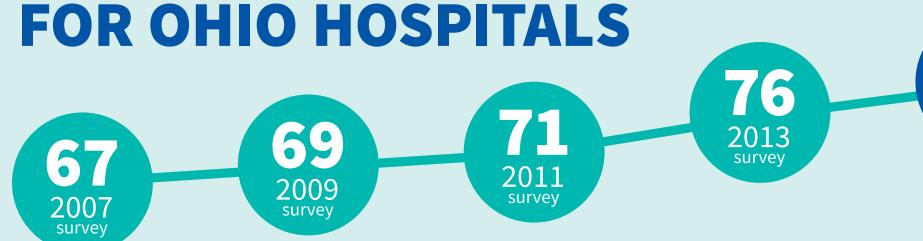
STEPS MOST APPLIED FOR



STEPS LEAST APPLIED FOR



TOTAL mPINC SCORES



What is mPINC? mPINC is CDC's national survey of maternity practices in infant nutrition and care.

Who is included in mPINC surveys? Every other year, CDC invites all maternity hospitals* nationwide to participate in mPINC. In 2015, 83% of eligible Ohio hospitals took

What does mPINC measure? Survey questions measure infant feeding care practices, policies, and staffing expectations in place at hospitals that provide maternity services.

FUTURE PLANS

- Expanding Maternity Best Care Practice Awards
- Recruiting more hospitals and reaching more partners
- Further sharing and collaboration through statewide education and networking
- Leveraging new data metrics and incorporating quality improvement practices

ACKNOWLEDGEMENTS

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Ohio First Steps Partners

Ohio Lactation Consultants Association Ohio Breastfeeding

Association of State and Territorial Health **Officials**

Alliance

Ohio Chapter, American Academy of Pediatrics



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*Baby-Friendly USA Designated Hospital