



## The Ohio First Steps for Healthy Babies Maternity Staff Training Program

### Step 2: Train all health care staff in the skills necessary to implement this policy.

The Ohio First Steps for Healthy Babies Maternity Staff Training Program offers 8 free nursing continuing education contact hours upon successful completion of the online course available through [OhioTRAIN](#) (Course# 1079957). The online modules meet the objectives and content outlined in the [Baby-Friendly Hospital Initiative Guidelines and Evaluation Criteria](#) and can be applied toward the 20-hour training requirement.

### Additional resources to supplement the online course:

- All previously recorded *First Steps* webinars are located on the Ohio Hospital Association (OHA) website: <https://www.ohiohospitals.org/Patient-Safety-Quality/Institute/Infant-Mortality/Breastfeeding.aspx>.  
Topics include: Father/Partner Engagement; Ohio Best Practices; Data Collection; Breastfeeding Skills Lab (Step 2); Disparities in Breastfeeding; Step –Inform all Pregnant Women About the Benefits and Management of Breastfeeding.
- [Stanford Medicine](#)  
A series of breastfeeding education videos and resources, including a video on hand expression.
- [University of Louisville Center for Women and Infants](#)  
A patient education video on Kangaroo Care.

Health care providers with privileges should have a minimum of 3 hours of breastfeeding education management education. *The following are free courses that meet this requirement:*

#### [Maryland Department of Health](#)

This series of six recorded lectures, by physicians for physicians and other practitioners, contains insight on important strategies and practices related to promoting and supporting breastfeeding. Continuing Medical Education credits are available at no charge through June 2019.

#### [Community Health Training Institute](#)

Two 1.5 hour CME-approved trainings on *Expanding Clinicians' Roles in Breastfeeding Support* for physicians.

Additional materials are available on [OHA's website](#).