

OPIOID STEWARDSHIP: LEADERSHIP COMMITMENT AND ACCOUNTABILITY

August 19, 2021

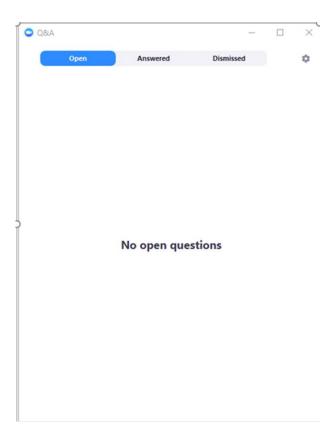
CONTINUING EDUCATION

- The link for the evaluation of today's program is: https://www.surveymonkey.com/r/Opioid8-19
- Please be sure to access the link, complete the evaluation form, and request your certificate. The evaluation process will remain open <u>two weeks</u> following the webcast. Your certificate will be emailed to you when the evaluation process closes after the 2week process.
- If you have any questions, please contact Dorothy Aldridge (Dorothy.Aldridge@ohiohospitals.org)

The Ohio Pharmacists Foundation, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Ohio Hospital Association | ohiohospitals.org | Opioid Stewardship Series July 15, 2021

SUBMITTING QUESTIONS



Ohio Hospital Association | ohiohospitals.org | July 15, 2021

ACKNOWLEDGEMENT

The Ohio Hospital Association received a grant from Covery's Community Healthcare Foundation to support this opioid stewardship effort.



PANEL

Dr. Ron Martinson, MD Medical Director for Department of Primary and Specialty Care Knox Community Hospital





Dr. Carol Emery, DNP, RN, CENP Chief Nursing Officer Knox Community Hospital

Sean Hoynes, MD Primary Care Physician Primary Care Institute & Pain Management Institute University Hospitals



Ohio Hospital Association | ohiohospitals.org | July 15, 202



Leadership in Opioid Stewardship

August 19, 2021

Bios



Presented by:

- Dr. Ron Martinson, MD
 (Medical Director for Department of Primary and Specialty Care)
 ron.martinson@kch.org
 and
- Dr. Carol Emery, DNP, RN, CENP (Chief Nursing Officer)
 <u>carol.emery@kch.org</u>

No real or perceived conflicts of interest exist for the presenters related to this presentation.









https://www.youtube.com/watch?v=GFJjDJ6Qh_o

Learning Objectives



- Describe leadership commitment components of opioid stewardship programs
- Identify methods to reduce barriers to successful implementation for an opioid stewardship program
- Discuss sustainability practices in a highly reliable organization
- Explain accountability within an opioid stewardship program

Who and What



As noted in the Ohio Hospital Association presentation from July 15, 2021, on Opioid stewardship gap analysis and current trends, key focus areas begins with leadership commitment through communication and policies.

- What are expectations for leaders?
- At ALL levels: culture development and resource allocation (time, money, staff, etc.)
- The Joint Commission/ government entities/ payors help to set expectations
 - Leadership expectations: pain management/ safe opioid prescribing/ develop and monitor performance improvement.
 - Performance Improvement (PI) chapter for analysis of data for pain assessment and management, tracking opioid adverse events, naloxone use, duration and dose of opioid prescriptions
 - Medical Staff involvement in all aspects of Protocols and PI
 - Hospital details throughout various chapters

Leadership Commitment and Accountability: How



- From Strategic Planning to Operationalization
- Mission, Vision, and Values
- Process Improvement Methodology/Tools
 - A3 problem solving (including PDSA steps)
 - Process Observation and Measurement
 - 5S (Sort, Set in order, Shine, Standardize, Sustain)
 - Value Stream Mapping (Current State and Future State)
 - FMEA (Failure Modes Effects Analysis)
 - Mistake-Proofing
 - Standard Work
 - DMAIC (define, measure, analyze, improve, and control)
- High Reliability Principles from anticipation to containment (Preoccupation with failure, reluctance to simplify, sensitivity to operations, deference to expertise, and resilience)





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From Strategy to Operations



A3 charter stakeholders

- Macro and Micro level
- Pharmacy and Therapeutics (P&T) Committee oversight
- Individual unit/population projects
- Gap Analysis (Multiple versions available: American Hospital Association, Wolter Kluwer, National Quality Forum, ISMP, TJC, Ohio Hospital Association survey, Advisory Board, etc...)
- Prioritization: Institute for Safe Medication Practices (ISMP)





Highest Ranked Priorities for Opioids

Item #	Self-Assessment Item	Maximum	My Scores				
Ħ		Weighted Score	Weighted Score	Letter Score			
1	Standard protocols and/or guidelines for adults exist and are used to guide practitioners when opioids are prescribed, prepared, dispensed, administered and monitored.	8	4	С			
9	Concentrations of continuous IV opioid infusions for adult patients are standardized per drug to a single usual concentration and a single high concentration	8	0	A			
12	When initiating orders for opioids, computer order entry systems default to the lowest initial starting dose and frequency, and alert practitioners when a dose adjustment is required due to age, renal or liver impairment, or when patients are prescribed other sedating medications.	12	0	A			
33	Guidelines exist to RESCUE a patient with unintended advancing sedation and/or respiratory depression during opioid therapy, and, if labor and delivery services are provided, for a neonate with severe respiratory depression whose mother received an opioid within hours of delivery.	8	0	В			
38	Computer order entry systems alert practitioners if the prescribed medication could exceed the maximum safe daily dose of acetaminophen for adults, neonates, and pediatric patients, considering all possible scheduled and PRN doses of acetaminophen-containing medications.	12	6	С			
43	PCA is initially prescribed using a standard order set.	8	6	D			
44	Order sets for PCA include: recommended initial and MAX doses and a lock-out interval based on whether the patient is opioid-naïve or opioid-tolerant, and/or a high-risk patients; monitoring guidelines; and an order for naloxone to reverse respiratory depression, including directions for use.	ral based on whether the patient is erant, and/or a high-risk patients; d an order for naloxone to reverse		A			
45	PCA basal infusions are not used initially in opioid-naïve patients.	6	0	A			
58	Effective systems are in place to deter and promptly identify drug diversion at any point of opioid use, from procurement to administration and/or wasting or unused drug; and an INTERNAL group is available to quickly investigate concerns that arise during drug diversion surveillance.	ement d an te		С			

• ISMP Self-Assessment

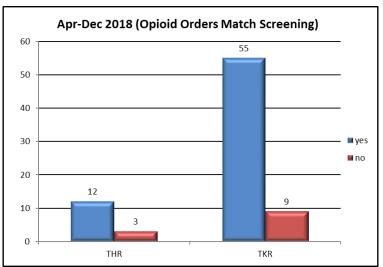
Getting Started



PDSA

- Plan (Team, Scope, Background, Current State, Goals, Root Cause, Interventions/Future State)
- Do/Study/Act (Observations, Conclusions, Follow up, Plan to Sustain)
- Total Joint Replacement patient population PDSA
- Surgeon will use this visual cue to assist in selecting the most appropriate multimodal pain protocol
- Will now have 2 options: Opioid Tolerant & Opioid Naïve.





Addressing Barriers



- Leadership
 - Money: How much can you afford?
 - Grants
 - Time
 - Technology (E.H.R., BI, etc.)
 - Staff incentives
- Medical Community
 - Buy-in
 - Alignment = produce evidence and productivity support
 - Bias and subjectivity = address individually
- Patient population
 - experience (changes to Pain questions has helped us)





AHA: Stem the Tide's 8 elements

1. Education

Initial and ongoing for clinical staff, tracking in electronic learning system

2. Non-opioid pain management

- change in order sets (making it hard to do the wrong thing) reduced prn opioid use and increase routine nonopioid;
- Rehab and wellness program
- Birthing Center changes such as nitrous oxide, SBIRT screenings for NAS, local anesthetics and NSAIDs

3. Addressing Stigma

- Sensitivity trainings completed through electronic learning system
- Reviews of AMAs, LWBT, patient complaints, etc.

4. Treatment for Opioid (substance) use disorder

- Inpatient medical stabilization & withdrawal management service for adults with drug, alcohol and related health issues.
- Pain management clinic

(Continued...)

(...continued) AHA: Stem the Tide elements



5. Patient/family/caregiver education

- Patient Family Advisory Council (PFAC)
- New material developed to meet regulations and patient needs with consistency throughout the organization

6. Transition of Care

- Pain prescription agreements
- Ohio Automated Rx Reporting System (OARRS)

7. Diversion safeguards

Detailed Diversion Committee

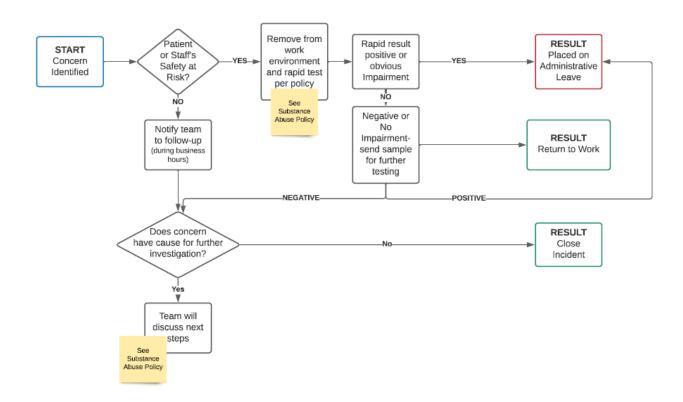
8. Community collaboration

- Needed for programs with Outpatient Medication Assisted Treatment; exploring ED options
- Home health from case management lace scores
- Chronic Care Management/ Transitional Care Management in Accountable Care Organization (ACO)
- Hospital leaders as board members in the community
- Community fairs in cafeteria with resources and drug give-back programs
- Law enforcement relationships

Diversion Team



- Leaders on-call/available 24/7 through anonymous hotline
- Hired coordinator



Leadership Tools for Sustainability



- High Reliability Characteristics
 - Look for problems and thrive on the impact of clinical expertise with collaboration
- Integration into meetings and reports already in use (i.e. P&T committee)
 Also helps to avoid flavor or the month/quarter perception
- Policies and Technology = Diversion monitoring systems, pain management, electronic health records, continuity interfaces, and data.

Organizational Alignment	Hoshin True North Metrics
Visual Management	Huddle Board Balanced Scorecard
Problem Solving	Do-Doing-Done (3D) Go-and-See (GEMBA WALK) PDSA/A3
Standardization	Leadership Rounding Unit Rounding Safety Huddle (DOB) Tiered Huddle

Accountability



Medical Staff Education

- Provide new and ongoing updates on Ohio Revised Code and Medical Board Rules
- Provide updates on insurance and formulary coverage for opioid prescribing

Standardization for Success

- Review and update medical staff bylaws, rules & regulations to reflect opioid prescribing expectations and compliance
- Develop EHR opioid prescribing templates
- Provide prescriber guidance on enhanced clinical documentation to reflect medical necessity and reflect escalating treatment justification

Accountability



Monitoring and Enforcement

- Use of OARRS Prescriber Report
 - Submit annually as a part of Provider Recredentialing
- Prescriber MME and Opioid/Benzo analytics
 - Opioid Stewardship Committee
 - Departmental meeting dashboards
- Board of Pharmacy and OARRS Prescriber notifications
- Insurance/payor Prescriber Utilization reports
- OPPE/FPPE, Peer Review

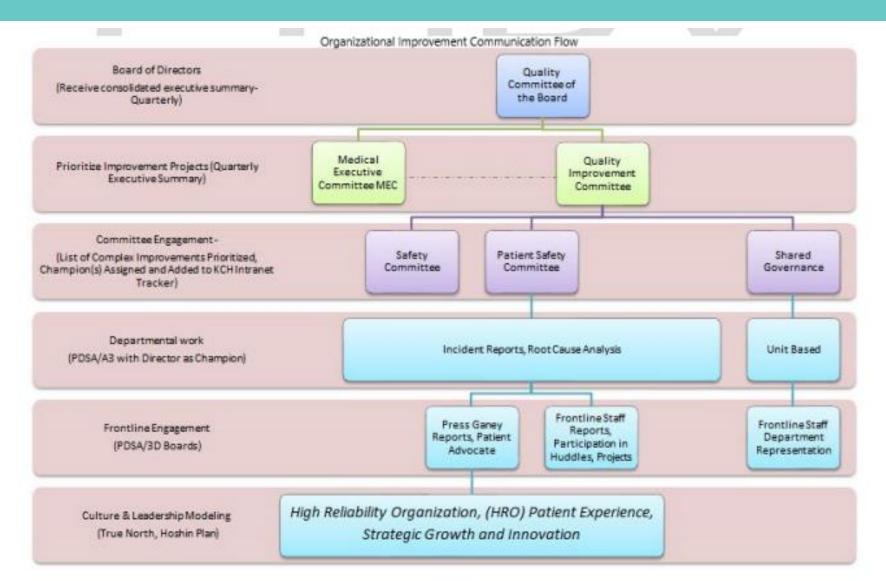
Accountability



- Non-Prescribing Clinical Staff (Inpatient/Outpatient)
 - Review and revise current workflows to minimize redundancy and potential negative outcomes
 - Encourage submission of adverse event reports and good catches
 - Provide feedback of medication errors
 - Potential reporting to Board of Pharmacy and Board of Nursing











- When you think you are done....
- Where are you looking for issues?
- Current best practice literature reviewed?

Ohio Hospital Association | Ohio Hospital Association (ohiohospitals.orhttps://ohiohospitals.org/Patient-Safety-Quality/Statewide-Initiatives/Opioid-Initiative/Hospital-and-Clinician-Resources-Resourcesg)

 Have you completed the OHA survey tool as a gap assessment?

https://www.surveymonkey.com/r/OPIOID2021

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 Joint Commission Resources. Oakbrook, IL.

Opioids, Leadership, and Comprehensive Patient Care

University Hospitals' Structure, Progress, and Future Directions

Sean Hoynes, MD

Primary Care Physician

Primary Care Institute & Pain Management Institute



Confidential & Proprietary

Opioid Impact in Ohio

In 2007, unintentional drug poisoning became the leading cause of injury death in Ohio, surpassing motor vehicle crashes for the first time on record. This trend has continued through 2019.

2018 Opioid-Involved Overdose Death Rates (per 100,000 people)¹

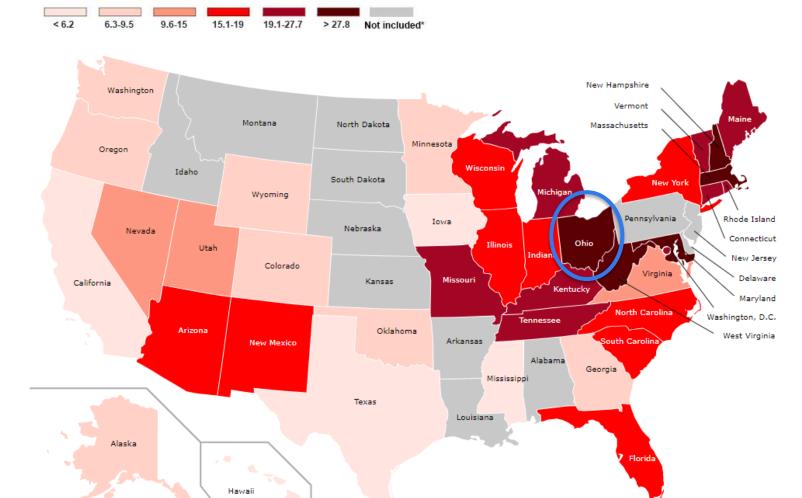
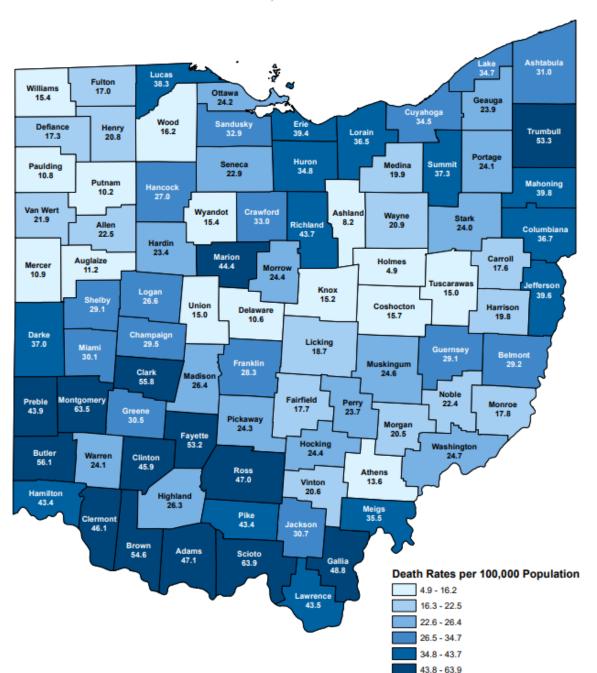




Figure 12. Average Age-Adjusted Rate of Unintentional Drug Overdose Deaths by County, Ohio, 2014-2019



https://odh.ohio.gov/wps/wcm/connect/gov/0a7bdcd9-b8d5-4193-a1af-e711be4ef541/2019_OhioDrugOverdoseReport_Final_11.06.20.pdf?MOD=AJPERES&CONVERT_TO=url&CACHEID=ROOTWORKSPACE.Z18_M1HGGIK0N0JO00QO9DDDDM3000-0a7bdcd9-b8d5-4193-a1af-e711be4ef541-nmv3qSt



Ohio Overdose Data: 2019

- 4,028 people died of unintentional drug overdoses (up 7% over 2018)
- Fentanyl was involved in 76% of overdose deaths in 2019, often in combination with other drugs (heroin, cocaine, other stimulants)
 - Up from 73% in 2018, 71% in 2017, and 58% in 2016
- Carfentanil was involved in #508 fentanyl-related overdose deaths in 2019
 - Up from #75 in 2018
- Deaths involving natural and semi-synthetic opioids (e.g., oxycodone) continued to *decrease*; contributed to 9% of overdose deaths in 2019
 - Compared with a high of 29% in 2011



University Hospitals Health System

- > \$4.5 billion system annual revenues
- Super-regional healthcare system one of Ohio's Largest
- Over 1 million individual patients/year
- > 30,000 + physicians, nurses, employees
 - Northeast Ohio's second-largest employer
- 23 hospitals, including 5 joint ventures
- > 50+ outpatient health centers with over 200 physician offices
- > 3,000+ registered beds with over 1000 tertiary care beds
- 16 counties in service area

University Hospitals Health System

- > 1,180 residents and fellows
- Academic Medical Center 100+ resident training programs
- Affiliated with Case Western Reserve University School of Medicine, Oxford University and Technion Isreal Institute of Technology
- Regions only freestanding cancer Hospital: UH Seidman Cancer
 Center
- ➤ Nearly 3,000+ active interventional clinical trials and research studies



UH
leadership
recognized
that there
were multiple
facets to the
opioid
epidemic.

Growth and Progress

· 2012:

 Released first set of opioid prescribing guidelines for chronic pain

→ 2013:

State of Ohio released its first set of opioid prescribing guidelines, which were modeled on UH's 2012 guidelines

2012-2016:

Robust provider education

2016:

Created Opioid Task
 Force, to drive UH
 strategic goals (education,
 intervention, IT
 optimization, patient care
 elements)

2017:

Renamed Opioid Patient
 Safety Steering Committee

2018 and beyond...

Leadership Engagement

Ohio's Progress & Innovation Gives the U.S. Surgeon General Hope

Dr. Jerome Adams addressed most pressing public health concerns in recent visit.



Clinical Leadership



Connor Integrative Health Network

Dr. Francoise Adan



Pain Management Institute

Dr. Jeanne Lackamp



Physical Medicine and Rehabilitation

Dr. Mike Schaefer



Behavioral Health Dr. Steven Krause



UH Neurological Institute

Dr. Nick Bambakidis



Primary Care Institute

Dr. George Topalsky

Institutional Support

- Supportive of quality initiatives, including hiring personnel for quality teams and creating **Digital Toolkit**
- Supportive of comprehensive communications strategies to inform providers, faculty, trainees, and staff
- Supportive of extensive educational program for providers, faculty, trainees, and staff

Institutional Support

- Supportive of multiple IT improvements, including HPI note template, OARRS inclusion (inpatient/ambulatory), EPCS
- Supportive of expanded services for patients with opioid use disorder, including Thrive peer support in Cuyahoga County Eds
- Supportive of creating a new, System-wide Pain Management
 Institute to address multifaceted elements of pain



?

pitals

UHCOMMUNITY

Digital Workplace

Toolkit Home

TOOLKIT CONTENTS

EXTERNAL RESOURCES

UH COMMUNICATIONS

Communications

- Cliff Megerian, MD, UH CEO ... area, understanding recently implemented legislation of opioid prescribing, and the nature ...
- By Cliff Megerian, MD, UH CEO ... proactive approach to addressing the opioid epidemic in our community and substantiates ...
- Dr. Cliff Megerian's UH CEO monthly blog posts and other articles from UH ... Pain **Institute** to be part of the solution ...

Educational Opportunities

- Trainee orientation and New Provider on-boarding:
- PowerPoints edited/presented annually → Quality teams
 - General controlled substance safety
 - Overview of safe controlled substance utilization
 - Pain management
- New provider education (individual) on as-needed basis → Quality teams
- Buprenorphine Prescribing Education pending for Fall 2021
 - For trainees and prescribers who are interested in learning about buprenorphine for opioid use disorder; anticipated earlier in 2021 but federal changes caused a delay



Educational Opportunities

Fundamentals of Evolving Appropriate Treatment ("FEAT") – ongoing

- UH Pain Management Institute (PMI)-sponsored interdisciplinary educational opportunities for interested UH providers who treat patients experiencing pain
 - Virtual one-hour webinars twice monthly from Sept-June
 - CME is available for participants in all sessions
- Expanding from ambulatory prescribers to include inpatient prescribers in 2021



IT Enhancements

OARRS BUTTON

- One-Click Access to OARRS.
- A single click connects providers to Ohio's Prescription Drug Monitoring Program, known as the Ohio Automated Rx Reporting System (OARRS).
- OARRS collects information on all outpatient prescriptions for controlled substances, giving providers valuable insight into a patient's controlled substance prescription history.

IT Enhancements

Note Template

A template was created in the History of Present Illness
 (HPI) section of the note that enables providers to document management with controlled substances.

IT Enhancements

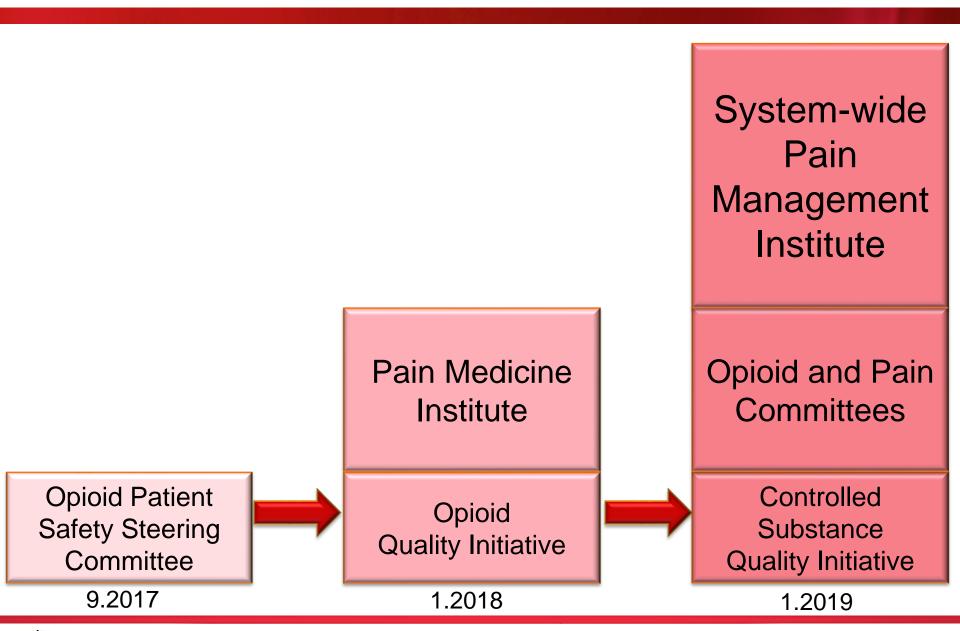
- Electronic Prescribing (EPCS)
 - Streamlined process that helps to reduce confusion
 - Eliminates risk of loss of paper prescriptions
 - Eliminates risk of tampering with prescriptions
 - Reduces risk of diversion and inappropriate use of provider's DEA number.



Thrive peer support

- Via Cuyahoga County opioid settlement funding dispersed through the ADAMHS Board, University Hospitals has incorporated peer supporters into the 6 Emergency Departments within Cuyahoga County, to target patients with opioid use disorder and/or overdose
- June 2020 June 2021 = over 500 patient encounters
 - Roughly 75% of referred patients agree to engage with Thrive
 - Of those who agree to engage, approximately 1/3 agree to go
 <u>directly</u> into treatment in real-time, ranging from warm handoffs
 to direct transportation
 - https://www.youtube.com/watch?v=njKX_Cls5rl





Clinical Leadership



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Behavioral Health Dr. Steven Krause



UH Neurological Institute

Dr. Nick Bambakidis



Primary Care Institute

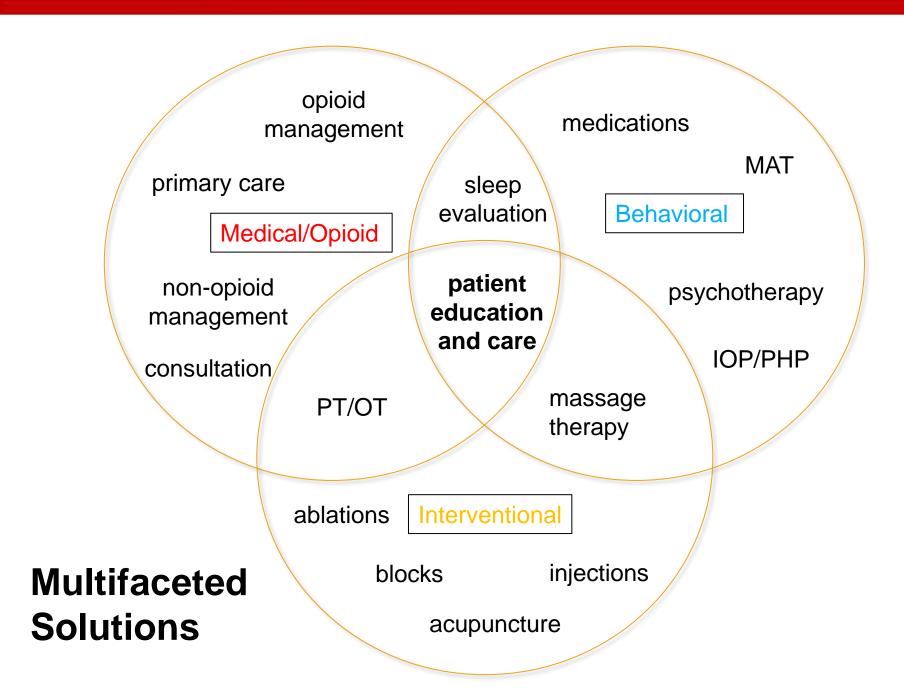
Dr. George Topalsky

Past and Present

- UH Pain Clinic had origins in the 1980s, within the Department of Neurology
 - Interdisciplinary participants included psychologists and PT providers
 - Patient participants were limited to those who could engage in high-intensity treatments multiple days per week
 - Closed in 2004, it was not felt to be financially sustainable

 In 2019, thru the UH Pain Management Institute, there was interest in creating new clinics for comprehensive pain management

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Effective Treatment via Team Approach

Our common goal is to maximize function and minimize risk

We can help optimize quality of life despite ongoing medical issues

- Our communication and our behaviors matter!
 - Reducing negative behaviors by using distraction and redirection
 - Reinforcing positive behaviors
 - Establishing trust with safe, effective treatment modalities



Communication is Key!

Communication in all parts of planning/implementation:

- Create an expectation of improvement
- Challenge negative and harmful beliefs/statements
- Identify and replace negative coping behaviors
- Encourage open dialogue
- Reframe the focus from pain to function



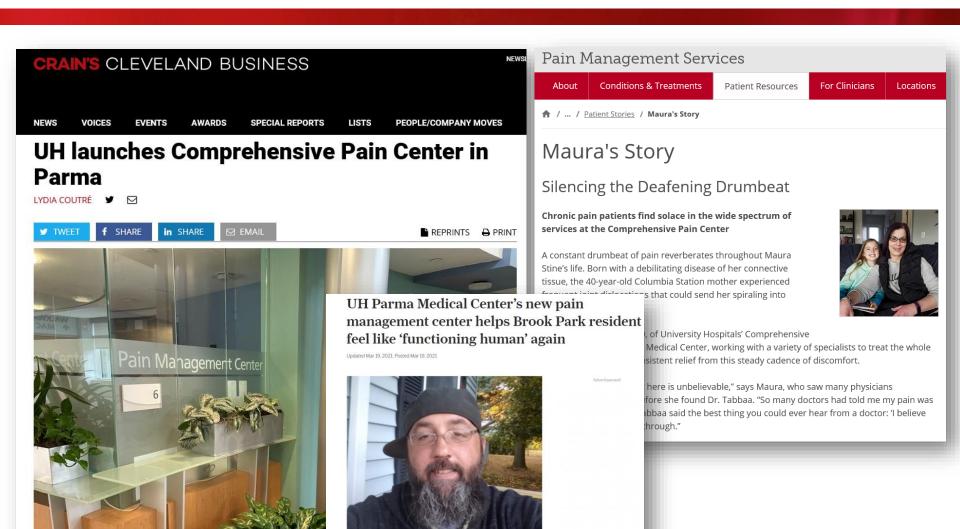
The Fast Pace of Progress!

 Between April 2020 and November 2020, while treating acute and chronic pain patients, Dr. Kutaiba Tabbaa and PMI leadership worked to create a complete interdisciplinary pain management center

 Named the "UH Comprehensive Pain Center" – this pilot program launched in November 2020, with media release in March 2021

Already changing lives of patients in Northeast Ohio!





Brook Park resident Bill Elliott finding relief with the help of UH Parma Medical Center's recently-opened Pain Management Center. (Photo Courtesy of UH



The reasons we are here?

- To take excellent care of all patients
- To treat patients like our own
- To maximize function and minimize risk for all of our patients
- To work as an effective, multifocal, interdisciplinary team
- To Heal. To Teach. To Discover.



Questions?

OPIOID STEWARDSHIP REGIONAL COORDINATORS

- Two regional coordinators
 - Jean Hurd, RN
 - Marsha Rodgers, RN
- Work one-on-one with hospitals
 - Assist with implementation of opioid stewardship programs
 - Routine contact to offer appropriate support
 - Follow-up on areas of opportunity from opioid Gap analysis
 - Provide resources and share effective practices with hospitals
 - Follow-up regarding progress towards goals
 - Identify and collect resources to share
- Continuing education programs
 - Source speakers for monthly opioid presentations
 - Obtain necessary documentation for continuing education application
 - Develop programming

OPIOID GAP ANALYSIS

Opioid Stewardship Program Leadership Assessment		
1. Contact Information		
Name		
Title		
Email Address		
Hospital Name		
Health System Name		
0	our hospital is located:	
New Jersey		
Ohio		
Pennsylvania		
Has your facility's leadership identified opioid stewardship as a facility/system priority supported by strategic and operational planning?		
O Yes		
○ No		
https://www.surveymonkey.com/r/OPIOID202		







Dear Local Partners,

Ohio Governor Mike DeWine recently signed Senate Bill 30, sponsored by Senator Matt Dolan (Chagrin Falls), designating August 31st as *Ohio Overdose Awareness Day*.

In support of Ohio Overdose Awareness Day and Recovery Month this September – RecoveryOhio, the Ohio Department of Health (ODH), and the Ohio Department of Mental Health and Addiction Services (OhioMHAS) are partnering to offer naloxone, stipends to facilitate overdose awareness and naloxone distribution events in your local community, and a partner toolkit.

If you are community organization and not a registered Project DAWN program, you can:

- Apply for up to 1,000 naloxone units (2,000 doses) per agency per month by completing this <u>online request</u> form. This opportunity to receive Naloxone though this program is available through September 30, 2021.
- 2. Use the Ohio Overdose Awareness Day partner toolkit to raise awareness about Overdose Awareness Day.

Please note: Agencies are not required to be a registered Project DAWN program to apply for the naloxone doses.

If you are a Project DAWN program, you can:

- Apply for up to 1,000 naloxone units (2,000 doses) per agency per month by completing this <u>online request</u> form. This opportunity to receive Naloxone though this program is available through September 30, 2021.
- 2. Apply for a \$2,475 stipend to facilitate an overdose awareness and naloxone distribution event in your local community. (See page two of this document for the application.)
- 3. Use the Ohio Overdose Awareness Day partner toolkit to raise awareness about Overdose Awareness Day.

Please note: Stipends will be provided by ODH, and naloxone units will be provided by OhioMHAS separately. Project DAWN programs are eligible to apply for both the naloxone doses and stipend but are not required to apply for both.

For general questions about naloxone orders, please email: naloxone@mha.ohio.gov

TO APPLY FOR A \$2,475 STIPEND TO FACILITATE AN OVERDOSE AWARENESS AND NALOXONE DITRIBUTION EVENT IN YOUR LOCAL COMMUNITY:

Agencies must have a State of Ohio OAKS Supplier ID to be eligible for a stipend; funds are only available at the registered lead agency level and are not intended to be per event planned (only one stipend per agency). The funded agency may offer one or more events during the months of August and September, depending on the capacity and needs within your community. Please complete the short application below and submit to projectdawn@odh.ohio.gov by close of business on Tuesday, August 17, 2021.

**** All fields are required*****

Registered Project DAWN Program Name:

Address:

State of Ohio OAKS Supplier ID Number: (e.g. 001234)

Point Person Name:

Point Person Email Address:

Short Description of Overdose Awareness and Naloxone Distribution Event(s) Planned*:

Estimated # of People Reached **:

** The standard Project DAWN Intake reporting requirements are suspended for these events to facilitate ease of distribution. However, kits should be counted as "Non-ODH Kits" on the Monthly Distribution Log.

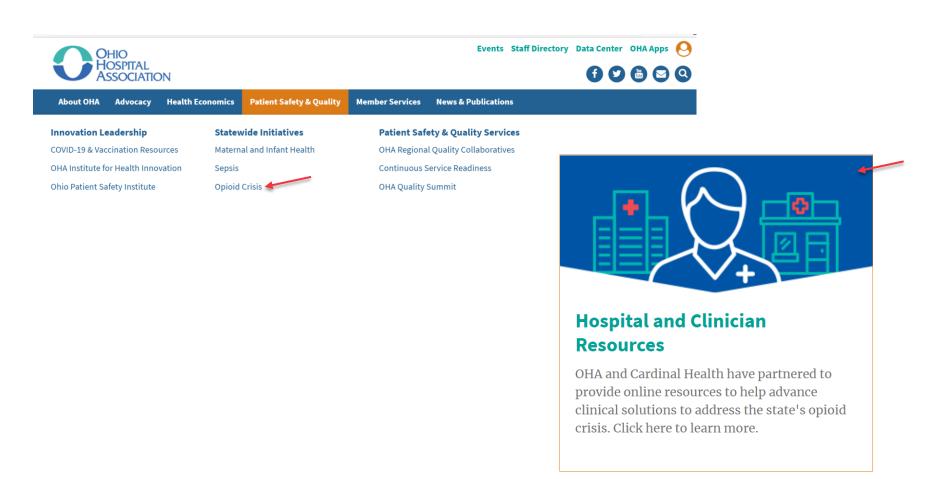
Funded applicants will be notified by close of business Friday, August 20. Final receipt of the funding is contingent upon ODH receipt of a flyer, social media post, or other documentation demonstrating the event has been planned and executed. Please direct questions about this opportunity to: projectdawn@odh.ohio.gov.

https://recoveryohio.gov/wps/portal/gov/recovery/resources/all-resources/ab-oh-od-awareness-day

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